

**Review: Circulatory System**

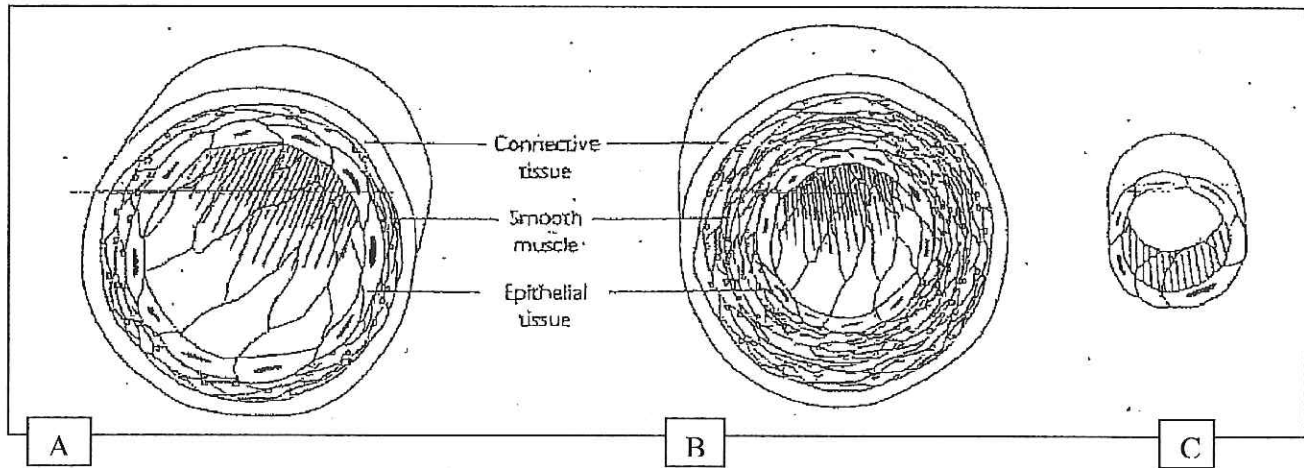
Name KEY

- What is the function of the atria?  
 right atrium receives deoxygenated blood from the body  
 left atrium receives oxygenated blood from the lungs
- What is the function of the ventricles?  
 right ventricle pumps deoxygenated blood to the lungs  
 left ventricle pumps oxygenated blood to the body

**Define the following:**

- a group of nerve cells that adjusts heart rate: pacemaker
- a muscular organ that pumps blood throughout the body: heart
- made up of the heart, blood, and blood vessels: cardiovascular system
- flap of tissue that prevents blood from flowing backwards: valve
- the largest artery: aorta
- the largest veins: superior and inferior vena cava
- where substances are exchanged between the blood and the body cells: capillaries

**Identify the following blood vessels.**



- A: vein B. artery C. capillary
- After blood leaves the heart, which vessels does blood flow through. Which order?  
arteries → capillaries → veins
- In which vessel is blood pressure the highest? artery
- Which vessel allows diffusion through its walls? capillary
- What causes blood pressure? contraction of the ventricles/ the force blood exerts against the walls of arteries
- What factors help move blood through veins? valves, contraction of muscles, smooth inside surface

Complete the table and answer the questions.

Blood Component	Description	Function
plasma	<i>liquid and dissolved proteins</i>	<i>transports materials</i>
red blood cell	<i>has hemoglobin, disk-shaped, no nucleus</i>	<i>carries oxygen from lungs</i>
white blood cell	<i>larger than red cell, has nucleus</i>	<i>fights infection</i>
platelet	<i>white blood cell fragments</i>	<i>sticks to wound, produces fibrin</i>

11. If a person with type B blood needs a transfusion, which types of blood can the person safely receive?  
  B   and   O  

Write each of the behaviors on the list below in the appropriate column on the chart.

Behaviors

- running
- smoking
- playing basketball
- 12.
- being overweight
- eating low-sodium foods
- eating salty foods
- eating foods low in cholesterol
- eating foods high in fat

Behaviors that Affect Your Heart	
Healthy	Harmful
running	smoking
playing basketball	being overweight
eating low-sodium foods	eating salty foods
eating foods low in cholesterol	eating foods high in fat

*Write a definition for each of the terms below.*

1. atherosclerosis *artery walls thicken, fatty material builds up*
2. cholesterol *a waxy, fat-like substance that restricts blood flow*
3. heart attack *occurs when blood flow to the heart is blocked*
4. hypertension *high blood pressure*

Why is atherosclerosis dangerous? *It can lead to a heart attack because it blocks blood flow, which can*  
*kill you.*

Number the following in the correct order. (2-10) Number 1 is done for you.

1 Deoxygenated blood enters the heart through the superior vena cava and the inferior vena cava.

10 Arteries branch into capillaries in the body where oxygen is dropped off and  $CO_2$ /waste is picked up, and the "dirty" blood returns to the heart through the veins.

6 Oxygenated blood travels back to the heart through the pulmonary veins.

5 Deoxygenated blood enters the lungs, releases excess carbon dioxide, and picks up oxygen to become oxygenated blood.

2 Deoxygenated blood fills the right atrium.

9 Both ventricles contract and oxygenated blood leaves the heart through the aortic valve and into the aorta.

7 Oxygenated blood enters the heart and fills the left atrium.

3 Both atria walls contract and the deoxygenated blood goes down through the tricuspid valve to fill the right ventricle.

8 Both atria contract and oxygenated blood travels through the mitral valve down to fill the left ventricle.

4 Both ventricles contract and deoxygenated blood leaves the right ventricle through the pulmonary valve and into the pulmonary arteries.



Label the parts of the heart and draw arrows with RED & BLUE showing the flow of blood.

